Menopause

April 27 - 29, 2007
Portland, Oregon

Program Director
Tori Hudson, N.D.
Program Coordinator
A Woman’s Time, P.C.

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Institute of Women’s Health & Integrative Medicine
Advanced Training in Women's Health, Natural Therapies and Integrative Medicine for Primary Care Practitioners

The Institute of Women’s Health and Integrative Medicine is an educational and research organization whose mission is to provide advanced training to primary care practitioners and to conduct and support clinical research in women’s health, natural therapies and integrative medicine.

Goals of the Curriculum

- Provides you the opportunity to develop expert knowledge and practical skills in integrative management of the menopausal woman.
- Acquaints you with the latest nutritional and herbal research to enable you to integrate these modalities into your practice or use them with greater success and expertise if you are already using them.
- Helps you to integrate natural therapies with conventional medical management when necessary to optimize patient care.
- Train practitioners in the use of natural hormones, herbal and nutritional therapies for women’s health care needs.

Institute of Women’s Health & Integrative Medicine

This course is full of new content, research updates and breaking news in the area of menopause, HRT, natural medicines, osteoporosis and sexual function.

Our menopause course is suited for the practitioner who is working with or wants to work with menopausal women and wants to develop their expertise in the use of herbal and nutritional options, compounded bio-identical hormones, conventional HRT, and stay up to date on the latest scientific research in osteoporosis management, menopause management, sexual dysfunction and weight gain in menopausal women.

We are extremely thrilled to have world class faculty and researchers for this high caliber seminar. Dr. Michael McLaughlin is one of the top osteoporosis researchers in the world on bone health. Lecturing about pre and post menopause prevention and treatment new ways. Dr. Teressa Low Dog is an international leader and innovator in integrative medicine and a known throughout the country for her expertise in botanical medicine research, safety issues, and integrating conventional and botanical medicines. Jane Hanson-Hofer, N.P. lectures frequently on sexual dysfunction, and is the principal investigator in a calcium and weight loss study. She brings the most up to date research on osteoporosis and weight management. Dr. Holly Lucille, is a nationally known speaker on CAM therapies, and focuses her approach this weekend on examining the vitalistic and contextual dynamic to the topic of the integrative management of menopause that is difficult to find elsewhere. Her evidence-based knowledge of natural therapies and bio-identical hormones are one of the special features of this weekend.

This course is full of new content, research updates and breaking news in the area of menopause, HRT, natural medicines, osteoporosis and sexual function.

Tori Hudson brings a depth and breadth of knowledge on examining the vitalistic and contextual dynamic to the topic of the integrative management of menopause that is difficult to find elsewhere. Her evidence-based knowledge of natural therapies and bio-identical hormones are one of the special features of this weekend.

This course is designed for the following clinicians:
- Naturopathic Physicians
- General Internists
- Family Practitioners
- Physician Assistants
- Nurses & Nurse Practitioners
- Certified Nurse Midwives
- Pharmacists
- Oncologists
- OB/GYNs
- Internists
- Acupuncturists
- Other complimentary care providers

For more information, call 503-222-2322 or check our website for approval status.

For reservations, call DoubleTree Hotel at 503-222-2322 or check our website for approval status.

Room Rates for the DoubleTree Hotel:
- $119.00 plus tax
- Limited number of rooms available.

Please call by March 27th to get this rate. This rate cannot be guaranteed after this date.

Please call the DoubleTree Hotel directly at 503-222-2322 or check our website for approval status.

Please call Dr. Tori Hudson directly at 503-314-5487 and ask for the Institute of Women’s Health rate.

2007 Seminars
- Primary Care for Women
  - July 19-21, 2007
- Menstrual Disorders
  - October 19-21, 2007

2008 Seminars
- Primary Care for Women
  - July, 2008
- Menstrual Disorders
  - October, 2008
- Menopause
  - April, 2008
- Women’s Cancers
  - January, 2008
- Menopause
  - October, 2008

www.instituteofwomenshealth.com
Day One: Friday, April 27, 2007

8:30 am - 9:00 am Registration
9:00 am - 9:15 am Introduction
9:15 am - 10:45 am Bio-Identical Hormones and Conventional HRT: Trends and Risks

Jane Harrison-Hohner, N.P. and Tori Hudson, N.D.

11:00 am - 12:00 pm Menopause Essentials; Diet and Nutritional Supplementation for Menopause Symptoms

Jane Harrison-Hohner, N.P.

12:15 pm - 1:15 pm Lunch

1:15 pm - 2:15 pm Osteoporosis: Conventional Treatment Options and Management

Mike McClung, M.D.

2:30 pm - 3:30 pm Sexual Function and Menopause, Part I

Jane Harrison-Hohner, N.P.

3:45 pm - 5:00 pm Osteoporosis: Prevention and Natural Interventions

Tori Hudson, N.D.

Day Two: Saturday, April 28, 2007

8:30 am - 9:00 am Bio-Identical Hormones and Conventional HRT: Are They Safe? Are They Effective?

Jane Harrison-Hohner, N.P. and Tori Hudson, N.D.

9:00 am - 10:45 am Bio-Identical Hormones and Conventional HRT: Trends and Risks (Continued)

Jane Harrison-Hohner, N.P. and Tori Hudson, N.D.

11:00 am - 12:00 pm Menopause Symptoms

Jane Harrison-Hohner, N.P.

12:15 pm - 1:15 pm Lunch

1:15 pm - 2:15 pm Osteoporosis: Conventional Treatment Options and Management

Mike McClung, M.D.

2:30 pm - 3:30 pm Sexual Function and Menopause, Part II

Jane Harrison-Hohner, N.P.

3:45 pm - 5:00 pm Osteoporosis: Prevention and Natural Interventions

Tori Hudson, N.D.