



Tori Hudson, ND

Dr. Tori Hudson, Naturopathic Physician, graduated from the National College of Naturopathic Medicine (NCNM) in 1984 and has served the college in several capacities, including: Medical Director, Associate Academic Dean, and Academic Dean. She is currently a clinical professor at The National College of Naturopathic Medicine (NCNM), Southwest College of Naturopathic Medicine and Bastyr University. Dr. Hudson has been in practice for more than 32 years, is the medical director of her clinic, "A Woman's Time" in Portland, Oregon, and director of product research and education for VITANICA. She is also the founder and co-director of NERC (Naturopathic Education and Research Director), a non-profit organization for accredited naturopathic residencies.

Dr. Hudson has recently been appointed as a faculty member of the Fellowship in Integrative Health and Medicine, Academy of Integrative Health & Medicine.

Dr. Hudson was awarded the 1990 President's award from the American Association of Naturopathic Physicians for her research in women's health, the 1999 prestigious Naturopathic Physician of the Year award, the 2003 NCNM Alumni Pioneer Award., the 2009 Natural Products Association Pioneer Award and in 2012 was inducted into the NCNM Hall of Fame. In 2016, she is now also the recipient of the annual Oregon Association of Naturopathic Physician's "Living Legends" award.

She is a nationally recognized author (book: Women's Encyclopedia of Natural Medicine second edition, McGraw Hill 2008), speaker, educator, researcher, and clinician. Dr. Hudson serves on several editorial boards, advisory panels and as a consultant to the natural products industry.

Alena Guggenheim, ND

Alena Guggenheim attended Reed College in Portland, OR and graduated with a BA in Biology in 2001. In 2007 she graduated from the National College of Natural Medicine with a Doctorate in Naturopathic Medicine. In 2009 she completed a residency through National College of Natural Medicine. She participated in research regarding immune modulation with herbs and mushrooms and personality implications on health. In 2011 she began teaching in the Master of Science in Integrative Medicine Research (MSiMR) and Doctorate of Naturopathic Medicine programs at NCNM. She has taught Clinical Physical Diagnosis, Rheumatology, Microbiology and an Integrative Modalities course. She also served as a mentor for students completing the MSiMR program.

In 2015 she began working for Zoom+care helping develop and delivery integrative care programs. She is currently seeing patients at Zoom+care with an emphasis on rheumatological diseases.



Maureen Baldwin MD

Dr. Maureen Baldwin is an Assistant Professor of Obstetrics & Gynecology at Oregon Health & Science University (OHSU). She completed all her medical training at OHSU, including medical school, a master's degree in Public Health, Ob/Gyn residency, and fellowship training in Family Planning. Her work is currently about half clinical and half research. Her clinical work includes an interdisciplinary clinic for adolescents with heavy menstrual bleeding and bleeding disorders. She also has a full-scope Ob/Gyn practice and sees patients in a dedicated Family Planning clinic. Her primary research focus currently is the identification of biomarkers for early diagnosis of ectopic pregnancy and the development of clinical strategies to aid diagnosis.

License number: MD154537 (OR)

Caitlin O'Connor, ND

Dr. Caitlin O'Connor provides Naturopathic care with a focus on women's and children's health. She pairs a philosophy of patient-centered, whole body, individualized care with an emphasis on nutrition, botanical medicine and a balanced approach to healthy living. She practices in Denver, Colorado, where she has been active in the political process regulating naturopathic doctors. She graduated from Bastyr University in 2008 with a Doctorate of Naturopathic Medicine and a certificate in Naturopathic Midwifery. In addition to teaching at the Nutrition Therapy Institute, she has presented for both lay and professional audiences including the Colorado Midwifery Association, the Colorado Association of Naturopathic Doctors and the Pediatric Association of Naturopathic Physicians. In the clinic, she strives to provide skilled, compassionate guidance with a focus on optimal patient outcomes. At home, she tries to be a centered and present mother, a caring partner and good friend to both herself and others

License #: CO 0052



Sheila Kingsbury ND

Dr. Sheila Kingsbury is a Naturopathic Physician, Lactation Consultant and Registered Herbalist. Dr. Kingsbury is a 2003 graduate of Bastyr University's naturopathic medicine program and a Licensed Primary Care Provider in Washington State. She has been a Registered Herbalist with the American Herbalists Guild since 2004. Dr. Kingsbury is the chair of the Botanical Medicine department as well as Professor in the School of Naturopathic Medicine at Bastyr University and has been teaching there for 14 years. She regularly teaches courses in Botanical Medicine, Lactation and Pediatrics at Bastyr University and in the community. Dr. Kingsbury has had extensive training in Pediatrics, Maternity and Post-partum care and Botanical Medicine. Dr. Kingsbury worked in the public health field for 5 years prior to her medical training and has been a labor support doula for 20 years and a Lactation Consultant for 18 years. She is the president of the Pediatric Association of Naturopathic Physicians, a former council member for the American Herbalists Guild and an Advisory Board member for the Lloyd Library and Museum. Dr. Kingsbury was the chair of the Seattle-King County Breastfeeding Coalition for 4 years and was awarded the MaryAnn O'Hara Physician Leadership Award in 2008 from the Seattle-King County Breastfeeding Coalition and WithinReach public health organization. She is a freelance writer for Mother Earth Living Magazine and speaks about Botanical Medicine and Pediatrics throughout the US. She has 4 children and lives in rural Washington State and is currently immersing herself in the fiber arts of knitting and spinning.

License number is NT 1218

Lisa Shaver, ND, LAc

Dr. Lisa Shaver is a naturopathic physician and acupuncturist in Portland, Oregon. Her interests lie in digestive disorders (celiac disease/non-celiac gluten sensitivity, GERD, SIBO, IBS, etc.). Expertise areas include hormonal imbalances, autoimmune conditions and neurotransmitter balancing.

Dr. Shaver has lectured at the Integrative SIBO Conference, three SIBO Symposiums, two Gastroenterology Conferences, amid other speaking engagements. Dr. Shaver lectures at National University of Natural Medicine's Advance Gastroenterology class on celiac disease and NCGS since 2012. She is past president and board member of the Gastroenterology Association of Naturopathic Physicians. She is the Gluten Intolerance Group of Portland branch manager since 2008.

OR 685



Leigh Ann Chapman ND

Dr. Leigh Ann Chapman provides comprehensive care for all aspects of family medicine. She has a special focus in pediatric developmental and psychiatric disorders. She provides integrative management of children with Autism Spectrum Disorders, sensory integration disorders, ADHD, OCD, depression and anxiety. Dr. Chapman blends cutting edge biomedical protocols with conventional therapies to provide the most comprehensive plan for each and every child.

Leigh Ann is an advocate and activist for the autism community serving on the board of the Autism Society of Oregon. She also serves on the editorial review committee for the Journal of Autism and Developmental Disorders.

Dr. Chapman is currently involved in clinical research on autism. Her current research involves the assessment of superficial sensory nerve fibers in the skin of autistic children and aromatherapy for pre-procedural anxiety. Her past research participation has included glutathione replacement, Intranasal oxytocin and Vitamin D levels in families of children with autism.

License #: OR 1364

Lysten Ferris ND

Lysten Ferris is a licensed Naturopathic Physician living in Portland, OR. In addition to maintaining her private practice, Dr. Ferris is the Senior Staff Physician at Labrix where she has reviewed, interpreted and advised on tens of thousands of salivary hormone panels and neurotransmitter reports. Prior to joining Labrix as a staff physician, she completed a residency in advanced women's health and gynecology at the National College of Natural Medicine where she oversaw patient care and as well as taught gynecology and clinical education classes. She currently sits on the advisory board of Functional Medicine University. Her extensive knowledge of women's health and endocrinology coupled with her love of teaching have led her to develop curriculum and present at numerous integrative and alternative health conferences

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