

PRESORTED STANDARD
US POSTAGE
PAID
PORTLAND, OR
PERMIT NO 166

Institute of Women's Health & Integrative Medicine
2067 NW Lovejoy
Portland, OR 97209
www.instituteofwomenshealth.com

Program Director: Tori Hudson, N.D.

Women's Cancers
Breast, Colon, Lung & Cancer Updates
January 29-31, 2010
Portland, Oregon
www.instituteofwomenshealth.com

INSTITUTE OF WOMEN'S HEALTH AND INTEGRATIVE MEDICINE

*Advanced Training in Women's Health,
Natural Therapies and
Integrative Medicine for Primary
Care Practitioners*

Corporate Sponsors

Gold Sponsors

Women's International Pharmacy
Custom Compounded Prescriptions for Men and Women

integrative THERAPEUTICS, INC.
When results matter™

Silver Sponsors

Opimum Health VITANICA

NEUROSCIENCE
Improving Health Through The Nervous System

VITAL NUTRIENTS
The Leader in Quality Assurance

SPECTRACELL LABORATORIES
ADVANCED CLINICAL TESTING

pure encapsulations

GAIA HERBS

BEZWECKEN
DR. SHEFRIN

NORDIC NATURALS

Bronze Sponsors

GladRags

EMERSON ECOLOGICS
The Leading Reference for Healthcare Professionals
800.654.4432
www.emersonecologics.com

WISE WOMAN HERBALS

BIOGENESIS
NUTRACEUTICALS, INC.

Program Director
Tori Hudson, N.D.

Program Director

Tori Hudson, N.D.
Medical Director
A Woman's Time, P.C.
Clinical Professor
National College
of Naturopathic Medicine
Bastyr University
Southwest College of Naturopathic Medicine



Goals of the Curriculum

- Provide you the opportunity to develop expert knowledge and practical skills in women's health care.
- Acquaint you with the latest nutritional and herbal research to enable you to implement these therapies in your practice or use them with greater success and expertise if you are already using them.
- Help you to integrate natural therapies with conventional medical management when necessary to optimize patient care.
- Train practitioners in the use of natural hormones, herbal and nutritional therapies for women's health care needs.

Institute of Women's Health & Integrative Medicine

The Institute of Women's Health and Integrative Medicine is an educational and research organization whose mission is to provide advanced training to primary health care practitioners and to conduct and support clinical research in women's health, natural therapies and integrative medicine.

Executive Director

Karen Hudson, M.P., H.C.
Phone: 503-222-2322
Email: info@awomanstime.com
Fax: 503-222-0276
Cell: 503-314-5487

This course is designed for the following clinicians:

- Naturopathic Physicians
- Internists
- Family Practitioners
- Physician Assistants
- Nurses & Nurse Practitioners
- Certified Nurse Midwives
- Pharmacists
- Oncologists
- OB/GYNs
- Chiropractors
- Acupuncturists
- Other complimentary care providers

Women's Cancer Care

Breast, Lung & Cancer Updates
This course is suited for the practitioner who is working with or wants to work with women who have breast, colorectal or lung cancer. The course is focused towards practitioners who seek to develop or further their expertise in the use of nutritional and botanical therapies in combination with conventional cancer treatments and management.

The course is designed to give you advanced skills in evaluation and treatment of breast, lung & colorectal cancer with an emphasis on evidenced based natural and conventional therapies while also maintaining a respect for the value of clinical experience and empirical knowledge. This course will also pay specific attention to targeting natural therapies and specific mechanisms and using testing to determine those targets. Other special topics include quantifying risk, risk reduction, co-management and case management.

Our faculty for this course includes nationally and internationally known clinicians, authors and researchers. We are incredibly fortunate to have a leading radiologist in women's imaging, **Maureen Filipek M.D.** **Tina Kaczor, N.D.**, **Barbara MacDonald N.D., L.Ac.**, **Donald Yance MH, CN, RH (AHG)** and **Tori Hudson, N.D.** bring their extraordinary clinical experience and expertise in natural medicine and integrative cancer management. Medical oncologist and researcher **Devon Webster, M.D.** has a unique perspective as a conventionally trained oncologist, with years of experience in integrative breast cancer care. Well known surgeon **Judith Richmond M.D.**, gastroenterologist **Rodger Sleven, M.D.** and pulmonologist **Michael Lewis M.D.** are unique in their collaborative management with alternative practitioners and experts in their specialties. During the seminar you will receive a seminar notebook of speaker notes and vendor educational materials. Additional books for purchase are available at the conference.

This is an in depth, comprehensive course. Class size for this intimate and intensive training will be limited. Continuing education credits are available. Please call or visit our website to see when they have been approved and for how many hours and by which board. This course also qualifies for category II CME for M.D.'s & D.O.'s. Please contact Karen Hudson to obtain help in certification or for any questions you may have for your particular field.

We are honored to have the corporate sponsors for this event, for without them this seminar would not be possible.

www.Instituteofwomenshealth.com

Website
www.instituteofwomenshealth.com

Conference Location:

Red Lion Hotel
1021 NE Grand
Portland, OR 97232
1-800-343-1822
503-235-2100 / 503-238-0132 Fax
www.redlion.com

Please call the hotel by January 6, 2010 to get the special rate of \$99.00 plus tax.

Ask for the Institute of Women's Health rate.

Limited number of rooms available at this rate.

2010 Seminar Dates

- **Midlife Women**
April 23-25, 2010
- **Primary Care**
July 23-25, 2010
- **Autoimmune Disorders**
October 22-24, 2010

2011 Seminar Dates

- January 21-23, 2011
- April 29-May 1, 2011
- July 15-17, 2011
- October 14-16, 2011

This is an in depth, comprehensive course. Class size for this intimate and intensive training will be limited. If you have questions about CEUs, check our website for approval status or call 503-222-2322.

General Information

To Contact us:

Institute of Women's Health & Integrative Medicine

Phone: 503-222-2322
Fax: 503-222-0276
Cell: 503-314-5487
Email: info@awomanstime.com
Website: www.instituteofwomenshealth.com

Conference Site

Red Lion Hotel

1021 NE Grand
Portland, Oregon 97232
Tel: +1-503-235-2100 Fax: +1-503-238-0132

Accommodations:

There are many local hotels for your convenience. We will mail or fax you a list upon request.

Other:

We recommend that you allow extra room in your suitcase for the manuals and materials that will be distributed during the course. **Conference fee allows for a healthy continental breakfast and lunch.** Attendees are responsible for their own evening meals. Beverages and snacks will be available during the seminar. **Please let us know if you have any special dietary needs.**

Institute of Women's Health & Integrative Medicine

January 29 - 31, 2010

Registration Form

Name: Last _____ First _____ Middle _____

Degree _____ Email _____

Mailing Address:

Street _____ Suite _____

City _____ State _____ Zip _____ Country _____

Phone _____ Fax _____

Form of Payment: \$45.00 fee to be charged for any cancellations after January 6, 2010.

PLEASE CHECK ONE:

Registration fee ON or BEFORE January 6, 2010

- New Attendee - \$395.00
 Previous Attendee - \$375.00

Registration fee AFTER January 6, 2010

- New Attendee - \$460.00
 Previous Attendee - \$425.00

Bill my credit card: Visa Mastercard Check is enclosed
 Amex Discover

Credit Card Number: _____

Expiration Date: _____ Signature _____

Registrations paid by credit card can be faxed to 503-222-0276.

Day One: Friday, January 29, 2010

8:30 am - 9:00 am

9:00 am - 9:15 am

9:15 am - 10:30 am

10:30 am - 10:45 am

10:45 am - 11:45 am

11:45 am - 12:00 pm

12:00 pm - 1:00 pm

1:00 pm - 2:15 pm

2:15 pm - 3:45 pm

3:45 pm - 4:00 pm

4:00 pm - 5:00 pm

Breakfast and Registration

Introduction

Breast Cancer Essentials in Diagnosis and Conventional Oncology Management

Devon Webster, M.D.

Essentials in the pathophysiology of breast cancer, evaluation, and medical management. Common chemotherapeutic agents, anti-estrogens & aromatase inhibitors. New therapies, protocols & management issues.

Break

Breast Cancer - Overview of Surgical Management

Judith Richmond, M.D.

Current standard of care and controversies in management.

Break

An Evidence Based Approach to Nutritional Influences on Breast, Lung & Colorectal Cancer

Tori Hudson, N.D.

Nutritional and lifestyle influences on the incidence of breast, lung and colorectal cancer in women as a basis for strategies for prevention and risk reduction.

Lunch

Best Cases and Experiences in Integrated Cancer Treatments

Barbara MacDonald, N.D., L.Ac.

Case examples of collaborative breast cancer management with oncologists. Using conventional and progressive laboratory tests for earlier treatment intervention, recurrence risk reduction and to reduce side effects from conventional treatments as well as optimize selection, timing and dose of chemotherapeutic therapies.

Break

Modern Imaging for Breast, Colon and Lung Cancer

Maureen Filipek, M.D.

Current protocols for diagnosing breast cancer both in asymptomatic women, and in women with lumps, pain and nipple discharge. Mammography including digital, ultrasound, core biopsy, MRI, BSGI, PEM are emphasized. Newest technologies and cases will also be presented.

Tori Hudson, N.D. is an educator, researcher, clinician, lecturer and author. Dr. Hudson graduated from NCNM in 1984 and has been in clinical practice for 25 years, specializing in women's health. She was awarded the American Association of Naturopathic Physician's award for research in 1990 and the Physician of the Year award in 1999. Dr. Hudson is currently a clinical professor at NCNM and Bastyr University, and medical director of A Woman's Time natural health clinic.

Rodger Sleven, M.D. is a 25 year practicing gastroenterologist and currently at West Hills Gastroenterology in Portland, Oregon, a clinical assistant professor at OHSU, Medical Director of gastroenterology and endoscopic services at St. Vincent Medical Center and adjunct clinical instructor at Pacific University School of Physician Assistants. He is a graduate of UCLA, UCSF medical school and OHSU residency program.

Barbara MacDonald, N.D., L.Ac. is a graduate of NCNM where she completed her residency. She has been practicing whole person natural health care at A Woman's Time since 1997. She uses a combination of modalities in her daily practice including western and Chinese herbs, acupuncture, CranioSacral Therapy, and nutrition and is the author of The Breast Cancer Companion: A Practitioner's Guide.

Rodney Pommier, M.D. is Professor of Surgery in the Division of Surgical Oncology at OHSU. He graduated from OHSU School of Medicine and completed his residency in General Surgery at OHSU. He completed two separate Surgical Oncology fellowships, through the American Cancer Society at OHSU Division of Surgical Oncology and at Memorial Sloan-Kettering Cancer Center.

Day Two: Saturday, January 30, 2010

8:00 am - 8:30 am

8:30 am - 9:45 am

9:45 am - 10:00 am

10:00 am - 11:00 am

11:00 am - 11:15 am

11:15 am - 12:30 pm

12:30 pm - 1:30 pm

1:30 pm - 2:30 pm

2:30 pm - 2:45 pm

2:45 pm - 3:45 pm

3:45 pm - 4:00 pm

4:00 pm - 5:00 pm

Breakfast

Laboratory Test/Molecular Markers in Breast Cancer - Part I

Tina Kaczor, N.D., FABNO

Molecular markers, now referred to as the 6th vital sign in oncology, will be discussed as related to breast cancer; etiology and pathogenesis. Markers such as interleukin 6, c-peptide, veg-F, IGF-1, genomics, oncoDX will be discussed in terms of their role in the pathophysiology of breast cancer.

Break

Molecular Markers in Breast Cancer and Indicated Naturopathic Treatments - Part II

Tina Kaczor, N.D., FABNO

Molecular markers as therapeutic targets will be discussed. Indications and use of targeted natural therapies will be reviewed.

Break

Colorectal Cancer in Women

Rodger Sleven, M.D.

Pathophysiology, risk factors, evaluation, conventional treatment and special features and behaviors of colorectal cancer in women.

Lunch

Quantifying Breast Cancer Risk

Rodney Pommier, M.D.

How to use medical evaluation tools and tests to quantify a woman's risk for breast cancer that then leads to more selective breast cancer prevention strategies.

Break

Lung Cancer in Women

Michael Lewis, M.D.

Pathophysiology, risk factors, evaluation, conventional treatment and special features and behaviors of lung cancer in women.

Break

Cancer Specific Natural Therapies - Colorectal and Lung Cancer

Tina Kaczor, N.D., FABNO

Botanical and nutrient treatment strategies and protocols for colorectal and lung cancers.

Donald Yance, Jr. MH, CN, RH (AHG), SFO is an internationally known herbalist and nutritionist. He is a professional member of the American Herbalists Guild and was trained as a clinical nutritionist through the National Institute of Nutritional Education. He is also professed as a Secular Franciscan (SFO), which equips him with the breadth and wisdom to touch on the spiritual aspects of healing. He has authored two books, Herbal Medicine, and Healing and Cancer.

Tina Kaczor, N.D. FABNO specializes in naturopathic oncology. She has a private practice in Eugene, OR, and is on the clinical faculty at the National College of Natural Medicine. She is a current board member and past president of the Oncology Association of Naturopathic Physicians (OncANP). She is also the senior medical editor of Natural Medicine Journal, the official journal of the American Association of Naturopathic Physicians

Michael Lewis, M.D. has been a board certified pulmonologist in private practice in Portland, OR, for the last 18 years. Dr. Lewis has served as medical director of the Legacy Hospitals surgical intensive care unit for 10 years, as medical director of the respiratory therapy department at Legacy Hospitals and as a flight surgeon for the U.S. Airforce. His past teaching and clinical experience includes faculty and staff at Harvard Medical School, Brigham and Women's Hospital, Beth Israel Hospital & University of Utah Medical Center.

Maureen S. Filipek, M.D. joined EPIC Imaging West as a diagnostic radiologist in January 2006. She earned her medical degree and completed her radiology residency from OHSU graduating Magna Cum Laude in 2000. While at OHSU, Dr. Filipek was elected to Alpha Omega Alpha Medical Honors society and received the RSNA Roentgen Resident/Fellow Research Award.

Day Three: Sunday, January 31, 2010

8:00 am - 8:30 am

8:30 am - 9:30 am

9:30 am - 9:45 am

9:45 am - 10:45 am

10:45 am - 11:00 am

11:00 am - 12:00 pm

Breakfast

Collaborative Oncology; An Introduction to the Eclectic Triphasic Medical system & Clinical Holistic Approach to Cancer Care Utilizing Botanical & Nutritional Medically Targeted Therapies

Donald R. Yance, JR., MH, CN, RH (AHG)

This approach presents a multi-lens investigation which examines the patient's constitutional energetics, endogenous and exogenous factors, and specific biomarkers from blood, pathology and tissue testing. This information is used to strategically design protocols to alter the individual's biological terrain, including gene behavior and expression, so that it is conducive to health and vitality while actively suppressing disease.

Break

Cancer & Inflammation - The Role of Botanicals in Targeting Pro-Inflammatory Pathways Relating to Cancer Activation and Promotion

Donald R. Yance, JR., MH, CN, RH (AHG)

This discussion centers on botanicals that modulate pro-inflammatory markers such as NF-kB, COX-2, LOX-5, 8, 1 and 15, AP-1, IL-6, IGF 1 and 2, CRP, TNF- α and other inducers of inflammation linked to pathways of cancer development.

Break

Branch 3 of the ETMS - Biomarkers Related to Cancer Host and Tumor, Protocol Building, Case Studies

Donald R. Yance, JR., MH, CN, RH (AHG)

This presentation reviews categories of markers relating to cancer terrain, general and specific tumor markers and growth factors involved in angiogenesis. Tumor sensitivity and resistance testing will also be discussed. Case study examples are presented to articulate specific botanical and nutritional protocols and strategies based on this information.

We Wish to Thank our Corporate Sponsors for their ongoing support:

Gold Sponsors:	Women's International Pharmacy Integrative Therapeutics	
Silver Sponsors:	Bezwecken Natural Health International NeuroScience Nordic Naturals Pure Encapsulations	Spectracell Laboratories Vital Nutrients Vitanica Gaia Herbs
Bronze Sponsors:	Emerson Ecologics GladRags Pharmax	Wellness Naturals Wise Woman Herbs Biogenesis
Educational Sponsor:	Epic Imaging	Natura

Devon Webster, M.D. is board certified in internal medicine and medical oncology. She graduated from Stanford Medical School, completed her internal medicine residency at OHSU and her hematology/oncology fellowship at Fred Hutchinson Cancer Research Center at UW in Seattle. Her clinical interests are focused on breast cancer, including in pregnant and very young women, post treatment survivorship, and research in biologic therapies.

Judith Richmond, M.D. received her medical degree from Case Western Reserve University with honors and then completed her residency in Ann Arbor, Michigan at St. Joseph's Hospital. Dr. Richmond has served as a surgeon for the USPHS, the Navy and now is the director of the Oregon Breast Center, specializing in breast diseases/breast cancer. Dr. Richmond pursues and fully embraces complimentary medicine approaches in her clinical practice.