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Institute of Women's Health & Integrative Medicine
2067 NW Lovejoy
Portland, OR 97209
www.instituteofwomenshealth.com

Program Director: Tori Hudson, N.D.

Women & Cancer New Content

January 21 - 23, 2011

www.instituteofwomenshealth.com

Portland, Oregon

INSTITUTE OF WOMEN'S HEALTH AND INTEGRATIVE MEDICINE

*Advanced Training in Women's Health,
Natural Therapies and
Integrative Medicine for Primary
Care Practitioners*

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Program Director

Tori Hudson, N.D.

Program Director

Tori Hudson, N.D.
Medical Director

A Woman's Time, P.C.

Clinical Professor

National College
of Naturopathic Medicine

Bastyr University

Southwest College of Naturopathic Medicine



Goals of the Curriculum

- Provide you the opportunity to develop expert knowledge and practical skills in women's health care.
- Acquaint you with the latest nutritional and herbal research to enable you to implement these therapies in your practice or use them with greater success and expertise if you are already using them.
- Help you to integrate natural therapies with conventional medical management when necessary to optimize patient care.
- Train practitioners in the use of natural hormones, herbal and nutritional therapies for women's health care needs.

Institute of Women's Health & Integrative Medicine

The Institute of Women's Health and Integrative Medicine is an educational and research organization whose mission is to provide advanced training to primary health care practitioners and to conduct and support clinical research in women's health, natural therapies and integrative medicine.

This is an in depth, comprehensive course. Class size for this intimate and intensive training will be limited. This seminar offers general and pharmacy CEUs.

Please call us about CEUs for your discipline and state, at 503-222-2322.

Executive Director

Karen Hudson, M.P., H.C.

Phone: 503-222-2322

info@instituteofwomenshealth.com

Fax: 503-222-0276

Cell: 503-314-5487

This course is designed for the following clinicians:

- Naturopathic Physicians
- Internists
- Family Practitioners
- Physician Assistants
- Nurses & Nurse Practitioners
- Certified Nurse Midwives
- Pharmacists
- Oncologists
- OB/GYNs
- Chiropractors
- Acupuncturists
- Other complimentary care providers

WOMEN AND CANCER

This course is suited for the practitioner who is working with or wants to work with women who have cancer of any kind. The course is focused towards practitioners who seek to develop or further their expertise in the use of nutritional and botanical therapies in combination with conventional cancer treatments and management, and to stay up to date in the latest research as well as new innovative therapies being explored.

Our faculty for this course exceeds our highest hopes, and includes nationally and internationally known clinicians, authors and researchers. We are incredibly fortunate to have this line up of speakers who bring their extraordinary clinical experience and expertise in natural medicine and integrative cancer management. We are privileged to welcome back medical oncologist and researcher **Devon Webster, M.D.** who has a unique perspective as a conventionally trained oncologist, and years of experience in integrative breast cancer care. Local gyn-oncologist **Colleen McCormick, M.D.** is a leader in robotic surgery in the local community and is known for her collaborative care and patient oriented care. We are also pleased to welcome back **Sam Hopkins, M.D.**, a local dermatologist with a clinically practical teaching style. **Tina Kaczor, N.D.**, is a thought leader in the naturopathic oncology community bringing her wealth of experience and expertise to our seminars. We are grateful to have her back for two new lectures.

Cheryl Burdette, N.D. is another former N.D. from The Cancer Center Treatment Centers of America who specializes in integrative cancer care and functional medicine. We welcome her as a first time institute faculty member. It's been too long since we had **Leanna Standish, N.D., PhD, L.Ac.** speak at our seminars. She is especially well known for her commitment to natural medicine research, oncology and HIV research and integrative cancer care. We welcome first time speaker **Ron Grabowska, D.C.** although he is well known nationwide for his lectures in nutritional laboratory testing and nutraceutical management of chronic disease. **Tori Hudson, N.D.** brings over 26 years of clinical experience in working with women, including those with a variety of cancers, common and rare.

During the seminar you will receive a notebook of speaker notes and vendor educational materials. Additional books for purchase are available at the conference. Audio recordings will be available shortly after the seminar from Tree Farm Tapes for an additional cost.

It is an exciting opportunity to be educated by this fantastic group of speakers, with their extraordinary expertise and commitment to the care of their patients and education of their colleagues.

Website

www.instituteofwomenshealth.com

Conference Location:

Red Lion Hotel

1021 NE Grand
Portland, OR 97232

1-800-343-1822

503-235-2100 / 503-238-0132 Fax

www.redlion.com

Please call the hotel by
December 31, 2010
to get the special rate
of \$99.00 plus tax.

Ask for the Institute of
Women's Health rate.

Limited number of rooms
available at this rate.

2011 Seminar Dates

April 29-May 1, 2011

Midlife Women/Menopause

July 15-17, 2011

Primary Care for Women

October 14-16, 2011

Menstrual Disorders

Adolescent Gynecology

2012 Seminar Dates

January 27-29, 2012

April 20-22, 2012

July 20-22, 2012

October 26-28, 2012

If you have questions about CEUs,
check our website
for approval status or call
503-222-2322.

General Information

To Contact us:

Institute of Women's Health & Integrative Medicine

Phone: 503-222-2322
Fax: 503-222-0276
Cell: 503-314-5487
info@instituteofwomenshealth.com
website:
www.instituteofwomenshealth.com

Conference Site

Red Lion Hotel

1021 NE Grand
Portland, Oregon 97232
Tel: +1-503-235-2100 Fax: +1-503-238-0132

Accommodations:

There are many local hotels for your convenience. We will mail or fax you a list upon request.

Other:

We recommend that you allow extra room in your suitcase for the manuals and materials that will be distributed during the course. **Conference fee allows for a healthy continental breakfast and lunch.** Attendees are responsible for their own evening meals. Beverages and snacks will be available during the seminar. **Please let us know if you have any special dietary needs.**

Airfare:

Airfare to and from the course can be arranged with your local travel agent. We will send you information on taxi cabs, shuttles, rental cars, the Portland Airporter, and MAX Train upon your request. All major airlines fly into Portland International Airport as well as Southwest, Alaska, Horizon Air, Reno Air, and America West.

Arrival & Departure:

We encourage you to arrive on Thursday. Check-in time is usually after 3:00 P.M. although earlier arrival is sometimes possible. Departure will be Sunday afternoon or evening. It takes about 20 minutes to drive to the airport from our location on Sunday afternoon.

Day One: Friday, January 21, 2011

8:30 am - 9:00 am

Breakfast and Registration

9:00 am - 10:30 am

Breast Cancer Essentials in Diagnosis and Conventional Oncology Management
Devon Webster, M.D.

Essentials in the pathophysiology of breast cancer, evaluation, and medical management. Common chemotherapeutic agents, anti-estrogens and aromatase inhibitors. New therapies, protocols and management issues.

10:30 am - 10:45 am

Break

10:45 am - 12:00 pm

Ovarian and Uterine Cancer Essentials in Diagnosis and Conventional Surgical and Oncology Management
Colleen McCormick, M.D.

Essentials in the pathophysiology of ovarian and uterine cancers, evaluation, and medical management. Common surgical, medical and chemotherapeutic agents. New therapies, protocols and management issues.

12:00 pm - 1:00 pm

Lunch

1:00 pm - 2:15 pm

Benign or Malignant: Recognizing Skin Cancer
Samuel Hopkins, M.D.

Through clinical images, an approach to recognizing benign and malignant skin neoplasms will be presented. Focus will be placed on key clinical features of common skin neoplasms. Identifying typical examples of melanocytic nevus, seborrheic keratosis, basal cell carcinoma, squamous cell carcinoma, and melanoma, among others.

2:15 pm - 2:30 pm

Break

2:30 pm - 3:30 pm

An Update on the Naturopathic Management of Breast Cancer
Tina Kaczor, N.D., FABNO

Well known agents that are must haves in the repertoire of any practitioner seeing patients with breast cancer. A review of emerging data, with a focus on the last few years, including some of the more perplexing clinical considerations, such as the role of soy and folate.

3:30 pm - 3:45 pm

Break

3:45 pm - 5:00 pm

When Cancer is in the Brain: Naturopathic Strategies
Tina Kaczor, N.D., FABNO

There are unique considerations for cancers when they arise in brain tissue, including the challenge of choosing agents that cross the blood brain barrier. When to suspect brain lesions in your patients, understanding the disease process, defining metabolic characteristics that we can exploit and knowing which natural agents may mitigate symptoms and alter the course of the disease.

Tori Hudson, N.D. is an educator, researcher, clinician, lecturer and author. Dr. Hudson graduated from NCNM in 1984 and has been in clinical practice for 26 years, specializing in women's health. She was awarded the American Association of Naturopathic Physician's award for research in 1990 and the Physician of the Year award in 1999. Dr. Hudson is currently a clinical professor at NCNM and Bastyr University, and medical director of A Woman's Time natural health clinic.

Devon Webster, M.D. is board certified in internal medicine and medical oncology. She graduated from Stanford Medical School, completed her internal medicine residency at OHSU and her hematology/oncology fellowship at Fred Hutchinson Cancer Research Center at UW in Seattle. Her clinical interests are focused on breast cancer, including in pregnant and very young women, post treatment survivorship, and research in biologic therapies.

Tina Kaczor, N.D. FABNO specializes in naturopathic oncology. She has a private practice in Eugene, OR, and is on the clinical faculty at the National College of Natural Medicine. She is a current board member and past president of the Oncology Association of Naturopathic Physicians(OncANP). She is also the senior medical editor of Natural Medicine Journal, the official journal of the American Association of Naturopathic Physicians

Day Two: Saturday, January 22, 2011

8:30 am - 9:00 am

Breakfast

9:00 am - 11:30 am

From Prevention to Cure: Part One
Cheryl Burdette, N.D.

This lecture will examine metabolic changes that occur in the cell that influence the transition from normal to cancerous. By measuring the metabolic activity of the cell, we can increase awareness of risk factors that encourage cancerous change. Many clinically researched tools exist to influence these changes, such as fermented wheat germ, resveratrol, alpha-lipoic acid, and sulfuraphanes found in broccoli. However, knowing which to choose for each patient can be difficult to navigate. We will examine the research using these compounds for cancer care and prevention, and review functional medicine markers that help us decide which interventions are most important for our patients.

11:30 am - 11:45 pm

Break

11:45 am - 1:00 pm

From Prevention to Cure: Part Two
Cheryl Burdette, N.D.

1:00 pm - 2:00 pm

Lunch

2:00 pm - 3:30 pm

Immunomodulatory Mushroom Therapy in Cancer. Current State of the Science and Practice
Leanna J. Standish, N.D., PhD., L.Ac.

Mechanisms of action, pre clinical and clinical data for the myco-oncological agent, Trametes versicolor, and other species that have been used in the treatment of human cancers

3:30 pm - 3:45 pm

Break

3:45 pm - 5:00 pm

Experimental Naturopathic Treatments in Advanced Cancer.
Leanna J. Standish, N.D., PhD, L.Ac.

Complicated cases of advanced stage IV cancer, the naturopathic oncological approach and the clinical outcomes.

Cheryl Burdette, N.D. received her Doctorate of Naturopathic Medicine from Bastyr University in 2001. She completed her residency at Cancer Treatment Centers of America. Dr. Burdette is currently in private practice in Atlanta, Georgia at Progressive Medical, one of the largest Integrative Medicine clinics in the Southeast. Dr. Burdette is one of the authors of the book, Laboratory Evaluations in Molecular Medicine. She is an often sought out speaker and is invited yearly to present at Grand Rounds at naturopathic medical schools in the US and Canada. She is president of Nutra Test Laboratories and on the Board of Advisors of Xymogen.

Samuel Hopkins, M.D. is an Assistant Professor of Dermatology at Oregon Health & Science University. He attended Oberlin College and the University of Virginia School of Medicine. Dr. Hopkins sees patients at OHSU's Center for Health and Healing and also in Longview, WA with PeaceHealth. His practice encompasses the full range of medical dermatology and a focus on skin diseases affecting hospitalized patients and those who have received transplants.

Ron Grabowski, D.C. is a practicing Doctor of Chiropractic in Houston, TX. He has presented over 500 seminars and lectures on nutrition throughout the United States and in Europe, publishing several articles and a textbook in clinical nutrition. He has practiced at NY Memorial Sloan-Kettering and M.D. Anderson Cancer Center and was a professor and postgraduate lecturer at Texas Chiropractic College.

Day Three: Sunday, January 23, 2011

8:30 am - 9:00 am

Breakfast

9:00 am - 10:15 am

Nutritional Diagnostics and Considerations During Cancer Therapy
Ron Grabowski, D.C.

Essential laboratory tests during chemotherapy in order to identify key nutraceutical interventions to be used during chemotherapy including specifics for prevention of side effects such as mucositis, stomatitis and neuropathy.

10:15 am - 10:30 am

Break

10:30 am - 12:00 pm

Developing an Adjunct Natural Medicine Treatment Plan
Tori Hudson, N.D.

A step by step approach to developing natural medicine strategies to compliment the conventional interventions, even when the cancer is rare and the drugs unfamiliar.

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Leanna Standish, N.D., PhD., L.Ac. is Research Professor at Bastyr University, Clinical Research Professor in the University of Washington's School of Public Health and Affiliate Research Professor in the Department of Radiology at the UW School of Medicine. She is Medical Director of the Bastyr Integrative Oncology Research Center and principal investigator on several NIH clinical research grants.

Colleen McCormick, M.D. did her training in gynecological oncology at The John Hopkins Hospital and University School of Medicine. Dr. McCormick is a dedicated physician who understands the complex journey that women with cancer face. She feels honored to be a part of their healing process and views her ability to care for patients as a privilege instead of a job. She is part of the pioneering group at NW Cancer Specialists utilizing minimally invasive robotic surgery for pelvic surgery with a practice in two local locations.

Institute of Women's Health & Integrative Medicine January 21-23, 2011 Registration Form

Name:

Last _____ First _____ Middle _____

Degree _____ Email _____

Mailing Address:

Street _____ Suite _____

City _____ State _____ Zip _____ Country _____

Phone _____ Fax _____

Form of Payment: \$45.00 fee to be charged for any cancellations after January 15, 2011.

PLEASE CHECK ONE: NO REGISTRATIONS WILL BE TAKEN AT THE DOOR - PREREGISTRATION IS REQUIRED

Registration fee ON or BEFORE January 7, 2011

- New Attendee - \$395.00
 Previous Attendee - \$375.00

Registration fee AFTER January 7, 2011

- New Attendee - \$460.00
 Previous Attendee - \$425.00

If you fax or mail in your registration and have not received a confirmation email or receipt and packet before the conference please call 503-222-2322

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Credit Card Number: _____

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Registrations paid by credit card can be faxed to 503-222-0276.